



**TESA Summer Work Conference**  
**Drury Plaza Hotel San Antonio North Stone Oak**

**June 18-20, 2024**

**Breakout Sessions**



**Tuesday, June 18, 2024**

**8:30 AM – 9:50 AM**

**101 – Everyday is a New Beginning...Take a Deep Breath and Start Again**

***Barbara Jennings, CEOP, TESA Past President 2006-2007, Retired San Jacinto College***

This session will cover how everyone needs to reboot at times. Each day is what we make it. Make the most of each day and never give up on your dreams.

**102 – TESA 101**

***Ofelia Barron, CEOP, TESA President 2023-2024, Donna ISD, Eva Zamora, CEOP, TESA President Elect 2023-2024, Lamar CISD, Lisa Gonzalez, CEOP, Donna ISD, TESA Past President 2016-2017, TESA 2023-2024 Web Advisor***

This session will answer all your questions regarding TESA. It will provide you all the information to become more involved with our organization.

**103 – Mental Fitness: How to use your three core mental muscles to thrive in any situation**

***Jose Sifuentes, Sifuentes Solutions Group, Coaching, Training, Consulting***

We will explore our capacity to handle life challenges with a mindset, rather than getting stressed.

**Tuesday, June 18, 2024**

**10:00 AM – 11:20 AM**

**104 – Love and Logic**

***Kelly Smith, Behavior Specialist, Mesquite ISD***

Love and Logic is a wonderful program that promotes a positive relationship between children and adults. This program helps children develop responsibility and problem-solving skills. Participants will walk away with practical ideas that they can begin using immediately.

**105 – Preventing Property Crime and Identity Theft**

***Officer Arturo Castellanos #145, SAPD North S.A.F.F.E. Unit***

Officers will explain the most common forms of property crime and identity theft trends based upon current criminal trends. An emphasis on safety and prevention will be the main focus for this course in an attempt to prevent car burglaries, home burglaries, and identity theft. A Q&A will also be built into the presentation.

**Tuesday, June 18, 2024**

**10:00 AM – 11:20 AM**

**106 – Ready to Retire**

***Teacher Retirement System Representative***

An overview of TRS benefits and the retirement process, including eligibility, tiers, calculation of benefits, retirement plans and insurance.

**107 – Goal Setting with “My Why” in mind**

***Robert Higle, Consultant Certification/New Teacher Support Programs Education Service Center Region 20***

In this presentation, we explore the concept of setting goals, both professional and personal, with “My Why” in mind. Understanding the deeper purpose behind our goal setting with assist, with motivating and sustaining our vision.

**Tuesday, June 18, 2024**

**1:00 PM – 4:00 PM**

**Extended Session**

**108 – C.R.A.S.E – Civilian Response to Active Shooter Events**

***Officer Arturo Castellanos #145, SAPD North S.A.F.F.E. Unit***

An active attack response training for employees of schools, businesses, churches, and other venues. A brief history of active attack events and what we have learned from them.

**Tuesday, June 18, 2024**

**1:00 PM – 2:20 PM**

**109 - Goal Setting with “My Why” in mind**

***Robert Higle, Consultant Certification/New Teacher Support Programs Education Service Center Region 20***

In this presentation, we explore the concept of setting goals, both professional and personal, with “My Why” in mind. Understanding the deeper purpose behind our goal-setting will assist, with motivating and sustaining our vision.

**110 - Mental Fitness: How to use your three core mental muscles to thrive in any situation**

***Jose Sifuentes, Sifuentes Solutions Group, Coaching, Training, Consulting***

We will explore our capacity to handle life challenges with a mindset, rather than getting stressed.

**111 – Yes, I will! My desire is alive! The urge is strong! I’ve got this!**

***Gail Ward, Assistant Principal, Pasadena ISD & Ishmael Muhammad, RLA, Resource, Athletic Coach, Pasadena ISD***

Would you like to have a strong urge to work through challenges? This presentation is for you! Motivating, exciting, engaging, up-beat presentation on the power to increase your will, desire and urge to cultivate excellence. Join us for a one-of-a-kind presentation!

**Tuesday, June 18, 2024**

**2:30 PM – 3:50 PM**

**112 - Love and Logic**

***Kelly Smith, Behavior Specialist, Mesquite ISD***

Love and Logic is a wonderful program that promotes a positive relationship between children and adults. This program helps children develop responsibility and problem-solving skills. Participants will walk away with practical ideas that they can begin using immediately.

**113 – Retirement**

***Chanika Turner, National Sales Director, Primerica***

Understanding Retirement, TRS and Retirement Accounts

**114 - Yes, I will! My desire is alive! The urge is strong! I've got this!**

***Gail Ward, Assistant Principal, Pasadena ISD & Ishmael Muhammad, RLA, Resource, Athletic Coach, Pasadena ISD***

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**Tuesday, June 18, 2024**

**4:00 PM – 5:00 PM**

**115 – First Timers**

***TESA Past Presidents***

You will learn more about TESA's rich history starting in March 1951 as well as current TESA programs and benefits including TPEP, Affiliate Services, Scholarships, Publications, Workshops and Conferences.

**Wednesday, June 19, 2024**

**8:00 AM – 9:20 AM**

**201 – Lighting the Fire of Communication**

***Debbie Wade, CEOP, TESA Past President 2001-2002, Retired San Jacinto College***

Come learn some simple tips to lighting the fire of communication and keeping it burning brightly. Learn how to build the fire carefully and gently fan the flames so you don't get burned. Be the spark and not the water bucket! Let's have a little red-hot fun!!

**202- Distributive Leadership: Psychological Safety in the Workplace**

***Michael Bland, Executive Director of Innovation, Garland ISD***

In the workplace, psychological safety is the shared belief that it's safe to take interpersonal risks as a group. These risks include speaking up when there's a problem with the team dynamics and sharing creative ideas, among others. According to the 2022 State of Talent Optimization Report, one in four companies say psychological safety is the top driver of employee retention. If you want to keep great people, ensure psychological safety across the whole company. Like any major initiative, it needs to start at the top with executive buy-in. Not sure if your employees feel psychologically safe? Start by measuring psychological safety in the workplace.

**Wednesday, June 19, 2024**

**8:00 AM – 9:20 AM**

**203 – Google Sheets, Make Friends with Spreadsheets**

***Michelle Barber, Director of Digital Learning, Cleveland ISD***

Nobody likes the spreadsheet. But, come learn how a spreadsheet can make your life easier. From sorting and filtering, to freezing rows and columns and creating charts and graphs, a spreadsheet is a tool worth knowing! Come make friends!

**204 – Unsung Heroes in Times of Crisis**

***Nancy D. Williams, M.Ed. LPC, Middle School Counselor, Trauma Specialist, Retired, Dana Cole, M.Ed. High School Counselor, Trauma Specialist, Retired, Curtis Herring, M.Ed. School Safety Technical Assistance Specialist***

The crucial role of paraprofessionals during times of crisis will be explored. Areas discussed will include: what to expect with different types of tragic events, protocols used during critical events and how to work toward the healing of the school, the community and each other.

**Wednesday, June 19, 2024**

**1:30 PM – 4:30 PM**

**Extended Session**

**205 – Play Your Cards Right – You’re a Winner Every Time**

***Debbie Wade, CEOP, TESA Past President 2001-2002, Retired San Jacinto College***

In this fun and interactive session, we will share the secret of holding the “winning hand” in People Power! We will learn how to “deal” positive “cards” in life and while working in any setting. Learn why playing with a “full deck” can lead to the winning combination for being the very best you can be and for delivering outstanding professional customer service.

**Wednesday, June 19, 2024**

**1:30 PM – 2:50 PM**

**206 – Unsung Heroes in Times of Crisis**

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**207- Google Slides: The Ultimate Design Tool**

***Michelle Barber, Director of Digital Learning, Cleveland ISD***

Think you need a special program to make awesome flyers, pamphlets, and posters? Think again! Google Slides has amazing graphic design and editing tools right in the presentation software. Learn how to resize the slide, use the image search and word art tools and how to download into graphics or pdf files for use in online sites or for printing. Design like a pro!

**Wednesday, June 19, 2024**

**1:30 PM – 2:50 PM**

**208 – How to Make Fun and Easy Greeting Cards**

***Annette Knaus, Northeast ISD, Retired***

Learn how to make at least 2 lovely greeting cards for different occasions with minimal supplies. Fun, colorful, easy and create a new hobby. There will be a small fee for supplies collected in the session.

**209 – Line Dance**

***LaToya and LaTasha Crawford***

Join us for a fun line dancing class. Learn the steps to “I can’t get enough of you” by Tamia

**Wednesday, June 19, 2024**

**3:00 PM – 4:20 PM**

**210 – Before You Click on that Link**

***Terri Davis, Assistant Professor of Practice, UTSA***

This presentation will be a discussion of some relatively simple ways to identify scam, phishing, and spear-phishing emails. Ways to identify suspicious links in emails.

**211 – Why Google? Collaboration, Baby!**

***Michelle Barber, Director of Digital Learning, Cleveland ISD***

With a shared cloud storage space called Google Drive and the ability to share documents with others in and out of the domain, G Suite for Edu is the perfect productivity suite for the education realm. Learn how to organize your drive, create from your drive and collaborate with others by sharing and commenting in a shared work space. You’ll never look back!

**212 – Congratulations on deciding life is more important than work. What took you so long?**

***Barbara Jennings, CEOP, TESA Past President 2006-2007, Retired San Jacinto College***

Brief history of the Texas Retired Educational Secretaries Association (TRESA), plans after retirement, swap your early morning meeting for a mid-morning tea time.

**Thursday, June 20, 2024**

**8:00 AM – 9:20 AM**

**301 – Are you a Pancake or Waffle?**

***Barbara Jennings, CEOP, TESA Past President 2006-2007, Retired San Jacinto College***

Will cover the character traits of a pancake person and a waffle person. Other topics will be why empathy and integrity in the workplace are important, how to count victories and how to have an iron resolve.

**302 – CEOP 101**

***Evan Zamora, CEOP, TESA President Elect 2023-2024, Lamar CISD; Marie Enax, CEOP, TESA Past President 2019-2020, Lamar CISD, Retired; Lisa Gonzalez, CEOP, TESA Past President 2016-2017, TESA 2023-2024 Web Advisor,***

Presenting on how to start your Journey for CEOP and all you need to know.

**303 - Mental Fitness: How to use your three core mental muscles to thrive in any situation**

***Jose Sifuentes, Sifuentes Solutions Group, Coaching, Training, Consulting***

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**Thursday, June 20, 2024**

**9:30 AM – 10:50 AM**

**304 – Gardening in Retirement**

***Ernestine (Tina) Carrola, Retired Bexar County Master Gardener, Retired Master Science Teacher Northside ISD***

Make Happiness Chemicals through Gardening! Various handouts from SAW (San Antonio Water Service) on gardening, pamphlets, booklets, and websites.

**305 - Distributive Leadership: Psychological Safety in the Workplace**

***Michael Bland, Executive Director of Innovation, Garland ISD***

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